

Important information about your medication

You have been prescribed a medication that interacts with some common supplements and medications. Taking these tablets or liquids can result in your medication not working as effectively. Some of these are prescribed and others can be purchased over the counter from a pharmacy, supermarket or online.



Supplements that may cause a problem include calcium and multivitamins. This is **not an exhaustive list. Please check any other supplements with your doctor or pharmacist.**

It may be clear from the name of the product what the ingredients are but for some products you will need to read the list of ingredients. For example, Antacids such as Gaviscon, Tums, Remegel and Milk of Magnesia may contain different ingredients.

Dolutegravir (Tivicay, Triumeq and Juluca)

Antacids, for example, Rennie and Gaviscon

Multivitamins

Calcium supplements

You must take your HIV meds at two hours before or six hours after antacids. If you have resistance to dolutegravir, you cannot take these.

Elvitegravir (Stribild and Genvoya)

Antacids, for example, Rennie and Gaviscon

Multivitamins

Calcium supplements

Can be taken if at least four hours apart from your HIV meds

Raltegravir (Isentress)

Antacids, for example, Rennie and Gaviscon

Multivitamins

Calcium supplements

Do not take aluminum or magnesium antacids. Calcium antacids are OK if you are on **twice a day** raltegravir and do not need to be spaced

Can only be taken if you are on **twice a day** raltegravir and at least six hours apart.

Can only be taken if you are on **twice a day** raltegravir and at least four hours apart.

There are many other preparations which may include these supplements so please always check the label or ask the pharmacist. **If in doubt, check with us before starting new medications.**

There are several other medications that may interact please visit www.hiv-druginteractions.org for more information.

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www.cnwl.nhs.uk