



In Barnet, Camden and Islington

For adults with learning disabilities





The Bridge is a sexual health service for anyone over 16 with a learning disability living in the borough of Barnet, Camden or Islington

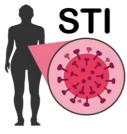
## At the Bridge Service we offer



 advice and support on sex and relationships



free contraception and condoms



 tests and treatment for sexually transmitted infections (STIs) and HIV



friendly healthcare staff



 appointments with a doctor if needed



 pregnancy advice and contraception help



 LGBT friendly service LGBT stands for Lesbian, Gay, Bisexual and Trans



 a safe place to report any worries or concerns



 a private and confidential service





## To book an appointment In Camden and Islington call 07738 261323.

In the borough of Barnet call 07738 261 319





## We are open every day except Sunday

## What happens when you come for your appointment at one of our clinics?



You can bring someone with you – a friend, a carer or support worker - but we might ask to speak to you on your own first



Go to the reception desk

Say you are here for a Bridge appointment and tell them your name



You may need to give us some more information about why you have come to the clinic – we will help you with this in private



Take a seat in the waiting area and someone will come and call out your name



We might need to ask you personal questions about sex and your body

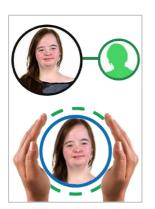
It helps to tell us as much as you can



### Tell us if you feel uncomfortable



Everything you tell us is kept private



Sometimes we might need to talk to someone else if we are worried about your safety

We will let you know if this happens



We might need to examine you if you have pain or a rash or something you are worried about



You might need to undress from the waist down for this



Next, you will have some tests done



We will explain these to you and you can do some of them yourself



You may need a blood test - please tell us if you are worried about this



You can say stop at any time



We may give you some tablets to take with you – make sure you understand how and when to take them



How would you like to get the results of your tests?



We can phone you, or send you a text or an email



The doctor or nurse might ask you to come back to the clinic



We will book another appointment for you before you leave



# You can write important information here and bring this booklet with you to your appointment



#### My Bridge clinic number

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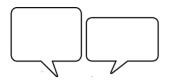
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#### My dislikes

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Archway, London, N19 5SE



#### **Mortimer Market Centre**

Capper Street off Tottenham Court Road London, WC1E 6JB

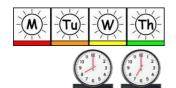


## **Edgware Community Hospital**

Burnt Oak Broadway, Edgware, HA8 0AD



Vale Drive Primary Care Centre Vale Drive, Barnet Greater London, EN5 2ED



# Opening times Monday to Thursday 8am to 7pm







#### Friday 8am to 3pm



We are not open on bank holidays or Saturdays or Sundays

