

Sexual Health Services:  
[www.sexualhealth.cnwl.nhs.uk](http://www.sexualhealth.cnwl.nhs.uk)  
Tel: 0203 317 5252

## Information for you about Abortion

Abortion is a way of ending a pregnancy, either through using medicines (drugs) or through a surgical procedure.

In England, the law allows a woman to obtain an abortion up to 24 weeks of pregnancy; however, the earlier in your pregnancy you have an abortion, the safer it is.

You may wish to talk further before making a decision. It is important to get support from your partner, family or friends as this can be a stressful time. The British Pregnancy Advisory Service (BPAS) [www.bpas.org](http://www.bpas.org) and Marie Stopes International (MSI) [www.mariestopes.org.uk](http://www.mariestopes.org.uk) both provide impartial, evidence-based advice and counselling. Alternatively, you can book an appointment in our clinic to speak with a clinician.

### If you want to book an appointment for an abortion:

You can phone one of the numbers below to self-refer and do not need a letter from your GP.

#### **Residents of:**

Barnet, Enfield & Haringey  
Camden & Islington  
Hammersmith & Fulham

- Central Booking Service: **0333 999 9951**

#### **Residents of:**

Chelsea & Westminster  
Kensington

- British Pregnancy Advisory Service (BPAS): **03457 30 40 30**

### After an abortion:

All abortion services offer post abortion counselling support, and most offer contraception after the abortion. If you would like to discuss your contraceptive options, please make an appointment with us at [www.sexualhealth.cnwl.nhs.uk](http://www.sexualhealth.cnwl.nhs.uk) or any other contraceptive clinic as soon as possible.

The Family Planning Association has useful information and tools on contraceptive choices: [sexwise.fpa.org.uk](http://sexwise.fpa.org.uk)