

Clinic stamp

Information about self-injecting Sayana Press

Further information about Sayana Press is available at www.sayanaanswers.co.uk.

This website includes:

- a video on how to self-inject <http://www.sayanaanswers.co.uk/guide-to-self-injection>
- a text message reminder service for repeat injections.

Disposal of needles

After giving your injection you should dispose of the needle in the sharps bin provided.

You have two options for disposing of the full sharps bin:

1. You can return the sharps bin back to our clinic. Either bring the bin when you attend for your annual review appointment or you may drop off the bin at any other time during clinic opening hours. You do not need an appointment to drop off and replace the sharps bin.
2. Some local councils will collect full sharps bins from your home and provide you with a replacement.

Camden residents can arrange this via Camden Council (020 7974 4444 - environmental services option)

Islington Council provide a limited chargeable service (020 7527 4814)

This service may be available in some other areas – please contact your local council for details.